

CHRISTINE DONOHUE, MA, MFT, SEP

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EDUCATION:

- Somatic Experiencing Trauma Institute.** Certificate of Completion. 220-hour Somatic Experiencing Professional Training. Three-year program.
- M.A. California Institute of Integral Studies.** Master of Arts, Somatic Counseling Psychology.
- Center for Intentional Living.** Certificate of Completion. Studies in: Psychodynamic, Humanistic and Transpersonal Psychology and Trauma Resolution. Three-year program.
- Barbara Brennan School of Healing.** Teacher Training Program. Two-year program.
- Barbara Brennan School of Healing.** Certificate in Professional Healing Science. Four-year program.
- B.S. University of Vermont.** Bachelor of Science, Environmental Studies Degree, School of Natural Resources. Honors: Cum Laude, Teaching Assistant for International Environmental Studies Course.

CLINICAL EXPERIENCE:

Faculty Member: Barbara Brennan School of Healing, a four-year college that offers Bachelor of Science Degree in Healing Science. St. Augustine, FL.

- Design, direct, and execute Creative Healing Arts curriculum for Year 1 and Year 4 students throughout all 5 residential learning modules.
- Teach, evaluate, and advise a small class of 16-24 adult learners on neo-Reichian psychological proficiency, intra and interpersonal relationship aptitude, and advanced healing science skills.
- Collaborate with 20 faculty members to innovate experientials, clinical practice demonstrations, and multi-media presentations for classes of 40-150 students.
- Facilitate group supervision, group personal process, and facilitate weekly teleconferences.

Psychotherapist and Supervisor: Private Practice, Mill Valley, CA.

- Provide psychotherapy to adults, adolescents, couples and families in individual and group settings using object relations, somatic, and transpersonal interventions.
- Design and facilitate somatic-based trainings for MFT, LPCC, LCSW, Pre-Doc interns, psychotherapists, medical patients, care-providers, and body-workers throughout the SF Bay Area and U.S.
- Provide individual and group clinical supervision to MFT interns as of 2011.
- Specialize in trauma resolution, catalyzing thriving relationships, and life transitions.
- Continuing Education Provider CAMFT CEPA.

Associate Professor in Master Degree Programs: CIIS, San Francisco, CA.

- **Integrative Health Studies Program.** “Somatic Approaches to Establish Rapport”.
- **Community Mental Health Program.** “Case Management and Treatment Planning”.
- **Somatic Counseling Psychology Program.** “Group Supervised Clinical Practicum”.
- **Integral Counseling Psychology Program.** “Introduction to Treating Trauma”, “Clinical Skills”.

Assistant Clinical Director: Community Institute for Psychotherapy (CIP). San Rafael, CA.

- Group Supervisor: Supervised MFT interns weekly. Consulted on clinical, crisis, administrative, and assessment processes. Performed evaluations every four months and oversaw individual supervisors.
- Director of Intern Training Program: Coordinated 90 intern trainings for three training cycles, provided 10-15 trainings to interns for two training cycles, and managed support staff.
- Trainer, Intern Training Program. Taught: “Balancing Theory With Not Knowing”; “Somatic Approaches to Working With Client Emotion”; “Working With Depression”; “Transference/ Countertransference From An Attachment Perspective”; and “Money And Countertransference”.
- Trainer, Supervisors Training Program. “Helping Interns Navigate Not Knowing Within Clinical Hour”.
- Oversaw four CIP intern outreach programs including Canal Alliance, RotaCare Clinic, CA-Reentry Program-San Quentin State Prison, Eating Disorders Program, and Helen Vine Detox Center of San Rafael.
- Assisted agency-wide quality assurance and clinical oversight activities with clinical director and other program directors. Co-planned agency-wide team building, staff planning, and volunteer efforts. Brainstormed professional development topics with other core staff and supported execution of plans.

Administrative Adjunct Faculty: California Institute of Integral Studies (CIIS), Integrative Health Studies Department. San Francisco, CA.

- Consulted with Chair of Integrative Health Studies Department in support of formulating five-year program review. Six-month contract.
- Duties included: Updated alumni employment status; created a student focus group led by third party employee of CIIS; designed Survey Monkey questionnaire for recent graduates; compiled recent graduate CIIS survey results; assimilated MAP core competencies for all IHL courses; researched nationwide institutions for potential reviewers; reviewed student internship evaluations for additional student input; co-wrote sections of Program Review with Chair of IHL Department.

Adjunct Faculty, Master Degree Program: American College of Traditional Medicine. San Francisco, CA.

- Taught “Patient Counseling Techniques”.

Military and Family Life Consultant: MHN Government Services. San Rafael, CA.

- Provided brief, solution-focused counseling and coaching to individual, couples, and families in United States Military; responded to Duty to Warn situations.
- Facilitated psycho-educational presentations, staff trainings, and outreach via 150 presentation topics ranging from anger management, stress reduction, deployment/ reintegration issues, effective discipline for children, conflict resolution, and communication to groups between 4 to 350 participants.
- Consulted with day-care staff and parents regarding children 2-5 years old who exhibited challenging conduct; created behavioral modification and social skills-based intervention plans on a case-by-case basis.
- Interfaced with United States Army, Navy, Air Force and Marine Corps throughout U.S., Asia and Europe.

Staff Intern Therapist and Teacher: Novato Youth Center. Novato, CA.

- Provided psychotherapy, with case management, to individuals, families, couples, and groups of culturally diverse populations ranging from 4 to 60 years old using family systems, couples therapy, cognitive behavioral therapy, parent-child interactive therapy (PCIT), play therapy, and somatic therapy.
- Worked proficiently with Medi-Cal procedures, treatment planning, and re-authorizations.
- Conducted intakes and taught 10-week “Parent Project” teen parenting curriculum twice annually.
- Co-facilitated “Girls Circle” groups and combined with Equestrian-Guided Leadership Program.
- Completed 45 hours of didactic training and clinically supervised work towards PCIT certification.

Somatic Healing Practitioner/Counselor: Private Practice. Mill Valley, CA.

- Facilitated the personal transformation and improved physical conditions for individuals and groups via healing techniques, psychologically based interventions, and mindfulness practices.

Staff Intern Therapist: Bay Area Community Resources. San Rafael, CA.

- Offered counseling services and case management to a culturally diverse population of adolescents at San Rafael High School, ages of 14-18, via individual sessions, group settings, and family interventions.

Editor and Writing Assistant for Psychology Articles: Freelance. San Rafael, CA.

- Co-wrote, edited, and negotiated contract for the publication of: “Taking Your Work to the Next Level: Understanding the Relationship Between the Practitioner and Client”.

Co-Director and Fiscal Director: Woman Centered. Montpelier, VT.

- Raised yearly budget for local non-profit, without state or federal funding. Increased budget 69%.
- Provided immediate response to women in need through support groups, advocacy, and peer counseling. Co-facilitated high school women’s support group for teachers, students, and staff.

CERTIFICATIONS:

Somatic Experiencing Practitioner.

Girls Circle Facilitator.

Parent Project Facilitator.

Diamond Light School of Massage. Certificate in Massage Therapy.

Barbara Brennan School of Healing. Certificate in Brennan Healing Science.

ADDITIONAL CLINICALLY-BASED SOMATIC TRAININGS:

Eye of the Needle. Peter Levine. Corte Madera, CA. 5-day training.

Womb Surround. Ray Castellino. Ojai, CA. 5-day training.

Allan Schore Study Group. Oakland, CA.

Treating Trauma: An Integrative and Comprehensive Approach. Peter Levine, Ph.D. and Maggie Phillips, Ph.D. Esalen Institute. Big Sur, CA. 5-day training.
Gestalt Month-long Study. Esalen Institute. Big Sur, CA..

PROFESSIONAL LICENSES AND CREDENTIALS:

Continuing Education Provider. CAMFT CEPA.
Continuing Education Provider. California Board of Behavioral Sciences.
Marriage and Family Therapist License. California Board of Behavioral Sciences.
Clinical Member, California Association of Marriage and Family Therapists, Marin Chapter.
Clinical Member, California Association of Marriage and Family Therapists.

PRESENTATIONS, LECTURES, MASTER CLASSES, RITUALS AND CEREMONIES:

Navigating Trauma: 3 Fundamental Resources and 3 Pitfalls to Avoid. Oakland, CA.
Hands of Light: Introduction to Brennan Healing Science. Institute of Noetic Sciences. Petaluma, CA.
Hands of Light: Introduction to Brennan Healing Science. Carmel, CA.
Bridging Polarities via the Unitive Field: Ancestors, Earth, Self, and Other. Creative Arts. Barbara Brennan School of Healing. St. Augustine, FL.
Coming Home to Your True Self: Seeing Thru Eyes of Deep Compassion. Creative Arts. Barbara Brennan School of Healing (BBSH). St. Augustine, FL.
End of year ceremony. Creative Arts. BBSH. St. Augustine, FL.
Multi-dimensional Embodiment in Service of Community and Co-Creation. Creative Arts. BBSH. St. Augustine, FL.
Fluid Consciousness: Connecting Your Cerebral Spinal Fluid with the Cosmos. Creative Arts. BBSH. St. Augustine, FL.
Energetics of Performance: Healing the Creative Wound. Creative Arts. BBSH. St. Augustine, FL.
Engaging Trauma in the Healing Room: 3 Fundamental Resources. 3 Pitfalls to Avoid. Master Class to audience of 100+ students. BBSH. St. Augustine, FL.
“Presence” as a Felt-sense: Tracking Your Internal Experience in Relationship to the External Environment. Creative Arts. BBSH. St. Augustine, FL.
Embodying “Essence”: An Allie to Express Yourself Professionally and Personally. Creative Arts. BBSH. St. Augustine, FL.
Stillness to Impulse to Creation. Creative Arts. BBSH. St. Augustine, FL.
Entering Cellular “Nothingness” Via Your Breath. Creative Arts. BBSH. St. Augustine, FL.
Fundamentals of Trauma: Ways to Support Interns With Trauma Work in Therapy. Volunteer Trainer. Community Institute of Psychotherapy. San Rafael, CA.
Balancing Theory With Not Knowing. Volunteer Trainer at Community Institute of Psychotherapy. San Rafael, CA.
Somatic Awareness and Stress Reduction. Guest Lecturer in Institute for Holistic Health Studies, Department of Health Education. Relaxation and Stress Reduction Course. San Francisco State University. San Francisco, CA.
Substitute Faculty in Somatic Counseling Psychology Department. Somatics and Society course, February 19th and February 26th. California Institute of Integral Studies (CIIS). San Francisco, CA.
Working with Couples. Guest Lecturer in Community Mental Health Program (CMH). Couples and Family Therapy Course. CIIS. San Francisco, CA.
Getting Real About Relationships. Marin Teen Girl Conference, San Rafael, CA.
Setting Healthy Boundaries (That Work!) During the Holiday Season. Ida & Joseph Friend Cancer Resource Center, UCSF Helen Diller Family Comprehensive Cancer Center. San Francisco, CA. Listed as a “Preferred Presenter” at UCSF.
Interdisciplinary Approaches to Psychotherapy. Guest Lecturer in CMH. Developmental Psychology Course. CIIS. San Francisco, CA.
Strengthen Self-Esteem by Journeying With the Impacts of Shame, Guilt and Embarrassment. Center for Somatic Psychotherapy. San Francisco, CA.
Somatic Approaches to Establish Rapport. Guest Lecturer in Integrative Health Studies Department. Communication Course. CIIS. San Francisco, CA.
Somatic Assessment and Clinical Relationship. Center for Somatic Psychotherapy. San Francisco, CA.
Somatic Assessment and Clinical Relationship. Apple Family Works. San Rafael, CA.
Psychotherapeutic Approaches to Working with Parents of Strong-Willed Adolescents. Novato Youth Center. Novato, CA.
Somatic Approaches to Adolescent Psychotherapy. Guest Lecturer in Somatic Psychology Department. Child Therapy Course. CIIS. San Francisco, CA.
Somatic Approaches to Adolescent Psychotherapy. Guest Lecturer in Somatic Psychology Department.

Child Therapy Course. CIIS. San Francisco, CA.
Relational Somatic Healing: A Transformative Model. Drinking Driving Program, Bay Area Community Resources. San Rafael, CA.
Relational Somatic Healing: A Transformative Model. Institute of Noetic Sciences. Petaluma, CA.
Body-Centered Approaches to Working With Anxiety, Depression, and Post Traumatic Stress Disorder. Marin Treatment Center. San Rafael, California.
The Art of Knowing. Taught throughout the Bay area and the United States.
The Transformational Power of Toning: Exploring the Uncharted Territory of Your Own Voice. Taught throughout the San Francisco Bay Area and in Holland.

VOLUNTEER WORK AND AFFILIATIONS

Participant, Mill Valley Shamanic Drumming Group. Mill Valley, CA.
Usher and Public Information Volunteer, Mill Valley Film Festival. Mill Valley, CA.
California Statewide Collaborative for our Military and Families.
Student Representative, California Institute of Integral Studies. San Francisco, CA.
Parent Mentor, Family Services Agency of Marin. San Rafael, CA.
Organizer, Northern California Dance Collective. Berkeley, CA.
Independent Living Skills Program, Association of Cerebral Palsy. Montpelier, VT.